Patient Instructions for Remote Monitoring

1. Once home, open the Apollo carrying case.
2. Plug the NUC PC into a wall power outlet and power it on.
3. Plug the remote hotspot into a power source (a wall power outlet or the NUC PC) and power it on.
4. Connect the Apollo Recorder to the NUC PC with the USB connector, and connect the QVM3 to the NUC PC.
5. Call your provider’s office.

6. Follow any additional provider instructions.
7. Disconnect the Apollo Recorder and QVM3 from the NUC PC. Your provider will end the phone call.
8. Ensure your image is always visible on the QVM3 camera screen. Plug in the QVM3 to power at night to charge the batteries and power the night mode.
9. At the end of the study, unplug the NUC PC and hotspot from power and return their power cables and USB cables to the case.
11. Return to your provider’s office for removal of electrodes and to return the entire Apollo system.
Ensure the QVM3 camera is always recording you.

Connect the computer and hotspot to power and call your provider to set up the remote monitoring connection.